

राई

राई जातिहरूको भाषा, थर, उपथर, खाना, सांस्कृतिक, कपडा र Documentary लगायतका जानकारीहरूको

Website

१) राई भाषा

https://en.wikipedia.org/wiki/Rai_people
https://en.wikipedia.org/wiki/Rai_language
<https://omniglot.com/writing/kiratrai.htm>
https://en.wikipedia.org/wiki/Rai_people
<https://www.hongkongkhabar.com> >

२) संस्कृति परिचय

<https://sahityasangraha.com> > 2017/02/20 >
[Kirat Kirati or Rai history and Culture - Indian Gorkhas](#)
<https://www.indiangorkhas.in> > ...

[Rai Culture - Land Nepal](#)
<https://www.landnepal.com>

[Kirat cultural information \[The Kirat \(ethnic group\)\]](#)
<https://www.wisdomlib.org>

[Kirat Mundhum - Wikipedia](#)
<https://en.wikipedia.org>

[kirat rai cultural food / वाचिपा \ - YouTube](#)
<https://www.youtube.com> > wa

[Kinema—fermented flavours of Kirats and its history](#)
<https://kathmandupost.com> > ...

[rai documentry](#)
<https://raifilm.org.uk>

[किराँतको इतिहास | KIRAT RAI DOCUMENTARY | History of Nepal](#)
<https://www.youtube.com> >

[किराँतको इतिहास | KIRAT RAI DOCUMENTARY | History of Nepal](#)
<https://www.youtube.co>

["KIRAT RAI DOCUMENTARY" \(किराँत राई डकुमेन्ट्री \) भाग -१ ...](#)
<https://el-gr.facebook.com> > onlin

[Kirat Rai Documentary Promo Jiwan Chakra - Facebook](#)
<https://www.facebook.com> > kiratraicommunityorg > video

[ऐतिहासिक वृत्तचित्र " किरात राई " KIRAT RAI " Documentary](#)
<https://chamlingkhambatim.org>

[राई जाती एक परिचय वृत्तचित्र, An introduction of Rai Jati ...](#)
<http://cpt-queue-test.synercomm.com>

[Sakenwa/Sakela, Rai Festival |साकेन्वा/साकेला राईहरूको मुख्य चाड](#)
<https://raisujan.com.np> >