

तामाङ

तामाङ जातिहरूको भाषा, थर, उपथर, खाना, सांस्कृतिक, कपडा र Documentary लगायतका
जानकारिहरूको Website

१ About Tamang people :-

https://en.wikipedia.org/wiki/Tamang_people ,
<https://cosvoyage.blogspot.com/2013/11/a-short-history-of-tamang-people.html>
<https://elibrary.tucl.edu.np/bitstream/123456789/2366/2/Cover%20Page-5.pdf>

२ Photo of tamang people:-

https://images.search.yahoo.com/search/images;_ylt=Awr.z6dbYrZjG9sPKRFXNyoA;_ylu=Y29sbwNncTEEcG9zAzMEdnRpZAMEc2VjA3Nj?p=history+of+tamang+people+in+nepal&fr=mcafee

३ About culture in tamang:-

<https://www.buddhair.com/blog/the-rich-culture-of-the-tamang-community>

४ Tamang heritage :-

<https://www.guyontheroad.com/blog/tamang-heritage-trail>

५ study of tamang in Bhutan:-

<http://14.139.206.50:8080/jspui/bitstream/1/6013/1/Anjana%20Tamang%20%20Final%20Thesis%202016.pdf>

६ Sansakr and vasa

<https://www.tamangonline.com/news/28802>

७ Tamang Documentry

<https://www.youtube.com/watch?v=c-wldxxuw1k>